

Autumn Leaf Threading

The misty mornings and mellowness of Autumn remind us that it is a time for slowing down before the long winter hibernation. It is a time for letting go of all that no longer serves us. Just as the trees slowly shed their leaves, so too can we let go and breathe out. The wonderful autumn carpet of golds and reds over the earth is a joy for the senses and what better time to gather a big pile of fallen leaves and run through and toss them in the air! It is also wonderful to collect them in a basket and here are some ideas for ways you can craft with leaves with your children.

In your home resource pack you will have received some wool for leaf threading, you can use a needle for threading or engage more creativity by making a stick needle.

Find a small but strong stick and tie a length of wool at the base of the stick as below. Use the beads in your resource pack to anchor the thread at the base as shown. You can add more beads in between the leaves as you thread if desired. Use the stick needle to carefully pierce each leaf and pull it through the thread.



Continue threading leaves and beads until you have the desired length and then make a loop at the end to hang your leaf threading for all to enjoy!



You can also use this same method to make a leaf crown.

